# TALK LESS SING MORE

# The Art in Conducting:

## Warm-ups and Repertoire for Developing Your Conducting Skills

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## TEACHING IS A SEPARATE ART FORM/ SKILL FROM CONDUCTING

Our job is to blend these two arts in a measured, sequential, balanced, disciplined, relevant, and fun format for the 21<sup>st</sup> century singer. THAT IS A LOT TO EXPECT OF OURSELVES.

Therefore, every moment of thoughtful planning, preparation, self-awareness, and self-analysis (not self-criticism) a moment of time-worthy growth. Turn every hour of musical and emotional discovery into a DELIGHTFUL moment of growth for yourself and for the benefit of others.

**BEST QUOTE AND ADVICE I EVER RECEIVED:** Dr. Leon Fosha, Indiana University (1921-2008) Ruth Dwyer, Seymour High School 1978, Earl Prout Supervising Teacher. *I have carried this quote in my heart for nearly 50 years*.

Dr. Fosha, "TALK LESS, SING MORE". Ruth, if you can't correct an issue in one or two SHORT sentences, a simple demonstration, a manipulative instruction or through your conducting, then move on for the moment. **Keep the teaching momentum flowing.** Your students may not be understanding, or be developmentally ready or have the skills YET for producing that particular concept.

#### **ALWAYS WARM-UP with PURPOSE/INTENT**

**Keep the teaching momentum flowing.** Fix what you can fix TODAY and MOVE ON.

What one concept do I want to focus on and effectively change in rehearsal tomorrow?

Once the concept is understood, how can I keep the momentum going and make that change everlastingly a part of the <u>student's musical mother tongue?</u>

What conducting skill do YOU need to improve or master?

What <u>conducting gesture</u> is difficult for your singers to understand and react to with confidence?

## WARM-UPS with PURPOSE/INTENT

## and.....FUN

1. Stretches: Conductor-led vs Student-led

Establish your leadership
Establish student focus
Establish SILENT communication
Developing leadership
Developing confidence
Lots of giggles (at first)

Performed confidently with intent

(Performed with knowledge of science – teach these concepts)

## 2. Teaching 'CUT-OFF" Breathing Exercise:

Teaching and Practicing "Cut off"

Rainbow Sound Beginning level cut-off (child/youth) – gross motor

The Sizzle GOAL: Advanced – fine motor. "the dab"

Dab vs Slash

Baton: Vocabulary fun

**3. Vocalizing** Goals: Have fun!

"2 Things" Eye on the conductor at ALL TIMES

Establish a steady beat

Explore head voice tones/feeling (vocal stretch)

Leader is practicing divided thought (planning ahead –

also related to reading skills)

The leader is practicing improvisation

Movement

#### 4. Pre- conducting Establish ACTIVING LISTENING SKILLS

Simple gesture for, "Me first, then you"

Rote Learning

Use: a. ARTICULATION CHANT: LIPS, TEETH, TIP OF THE TONGUE

b. RHYME: JOHNNY HAD A RATTLESNAKE

c. FOLK SONG FROM YOUR CHOSEN OCTAVOS: NOÉL N

#### **5. SING WHAT YOU SEE:** UNISONGFOLK SONG

legato / staccato / marcatto / tempo / dynamics/ cueing entrances

a. Are You Sleeping, Brother John

**b.** Bicinia: Come Before the Lord: Everyone learns ALL PARTS

Conductor cues which part you will sing without stopping

to talk about it!

#### 6. LEADING SOLFEGE:

Kodály in the Choral Setting - TRAIN the EAR before the EYE

**BENEFITS:** EYE ON THE CONDUCTOR and BUILD SIGHT READING SKILLS

LEVEL ONE: Establishing SOLFEGE Vocabulary

STEP-WISE INTERVALS

Preparing: Major Chord /Establishing Tonic

d

t

l

S

f

m

r

d

Introduce improvisation

Introducing melodic reading skills

**a.** Students sing: Scales from the letter of ladder, no hand signs, conductor tracking at the chart

**b.** Introduce the hand signs and establish visuals for **reading** basic rhythmic notation in an octavo.



- c. Sign with ONE hand / 5 pitches /step-wise motion
- d. Focus on 4 signs with these intervals: s-m, s-l, s-m-d then more variants
- e. DOUBLE HANDED SOLFEGE: Start with suspension

#### 7. PRACTICING MELODIC THIRDS:

"Noah's Ark"

- a. Conducting: Practice cesura: fermata/grand pause
- **b. Circular conducting** for continued breath support and vocal flexibility. Free up the voice.
- c. Articulated cut-off; "K" on "ark"..... dab or slash?
- **d.** "Noah" begins with the "O" vowel

Establish TALL – golf ball vowel initiate head voice in and avoid starting in chest voice.

e. Other various goals:

How to sing words ending in "er": "Water"

Modifying diphthongs: "Two by two"

Canonic signing (not one of Ruth's main goals)

#### 8. SINGING IN 3RDS and BUILDING TRIAD

- 1. Scales in Canon: a. Conducting: Practice cesura: fermata/grand pause
  - **b.** Circular conducting for continued breath support and vocal flexibility. Free up the voice.
  - c. Conducting crescendo/diminuendo

#### 2. Super Duper Double Bubble Gum: SUPER DD B Gaaaaaaahm

CONDUCTING SKILL: Cueing parts, cueing suspension, cueing key change

STUDENT SKILL: Identify and establish "my section"

Part-singing through suspension Developing vocal independence Tuning: unison, 5<sup>th</sup>, Major triad

Vocabulary

#### **Super Duper Double Bubble Gum**



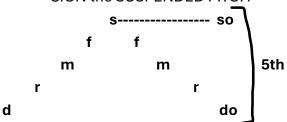


a. Unison: Taught by rote

b. It's all about "ah" not "uh" AND hearing/feeling the key change. Eventually, can they change keys a cappella?

Melodic analysis: Singers analyze the solfege. Create a visual cue.

d. Part-Singing via suspension WITH use of a visual cue. Students only SIGN the SUSPENDED PITCH



VOCABULARY: Solfege syllables names Unison

Melody Key Change: Movable "do"

Half step Analize
Cue Suspend

Interval "Section" Part 1-2-3, SSA, TTB, SAB, SATB

## **NOÉL NOUVELET:** TRADITIONAL FRENCH CAROL

Main Conducting Elements: Staccato/Legato Dynamics

"Known" Folk Song that can lead into a published Octavo

Music standard: Dorian Mode (Scale)

Unison (Folk Sing only): Matching pitch in a group.

Singing a Foreign language

Grade 4 – 12 Solfege and Rhythmic Elements

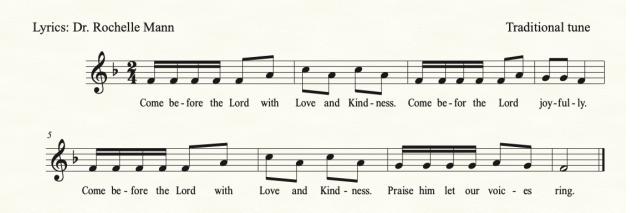
Recommended Arrangements: SATB: R or SSAA arr. Ruth E. Dwyer

SHAWNEE PRESS

#### Noel Nouvelet

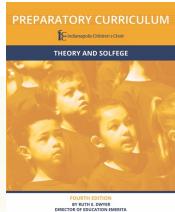


# Come Before the Lord Adapted from Dinah



# Come Before the Lord Ostinato \$2





# Come Before the Lord Ostinato \$1



